

NATURE VALLEY™

REDISCOVER THE
JOY OF NATURE



- ✓ No Artificial colours or flavours
- ✓ No added artificial preservative
- ✓ Lactose free
- ✓ No GMO



CHOOSE THE RIGHT SNACK

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NATURE VALLEY BRINGS YOU A VARIETY OF FLAVOURS TO ENJOY!

Conveniently packed in two-bar pouches and filled with crunch and wholegrain goodness, Nature Valley Crunchy Granola Bars are the perfect anytime, anywhere snack that will provide you with the energy to keep you going.

Made with wholegrain rolled oats and combined with delicious ingredients, this crunchy wholesome on-the-go snack is also artificial colourant and preservative free.

So go out and explore with the all-in-one filling snack that is ready when you are.

REDISCOVER THE JOY OF NATURE



Banana chocolate chip gran-oatmeal

Oatmeal goes from dull to delicious when you break up a few granola bars, add some milk and toppings, and microwave. Quick, easy and awesome.

Prep time: 5 Minutes

Start to finish: 5 Minutes

1 Pouch (2 bars) Nature Valley™ Oats 'n Honey Crunchy Granola Bars (from 252 g box)
80 ml Low-fat milk
30 ml Semisweet chocolate chips
75 g Fresh banana slices

In a microwavable bowl, place 2 granola bars and top with low-fat milk. Microwave 25 to 30 seconds or until milk is warm. Using spoon, break bars in milk into granola pieces. Top with chocolate chips and banana slices.



Berries and cream granola bars

Grabbing a granola bar for a snack is a good idea. Topping it with cream cheese and berries takes it to an irresistible new level.

Prep time: 5 Minutes

Start to finish: 5 Minutes

1 Nature Valley™ Oats 'n Honey Crunchy Granola Bar (from 1 pouch of 252 g box)
10 ml Cream cheese (softened)
30 ml Fresh berries (blueberries, raspberries, sliced strawberries)

Spread 1 granola bar with softened cream cheese and top with fresh mixed berries (blueberries, raspberries, sliced strawberries).



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PRODUCT RANGE

Dispenser x 18 units



Multipack x 6 units



Single Bars



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