



# Eureka Mills

*Stoneground flour*

## PRODUCT CATALOGUE

*Eureka Mills started as a family business in 1998 when two local farmers, set up a rudimentary flour mill in their shed with the initial purpose of adding value to the wheat they themselves produced. They soon realised that there was a real need for healthy, unbleached flour and the need was much larger than they had originally anticipated. The mill slowly expanded as the demand increased and the team decided to take in wheat from other farmers in the district, via the local co-operative (Sentraal-Suid Kooperasie), to ensure consistent production capacity.*

*As the business grew, so did the team's passion. Very early on this passion was distilled to a simple, clear vision which continues to drive the business to this day: creating a healthy bread and flour culture in South Africa.*

# FLOUR RANGE

*Unbleached Stoneground Flour*



**WHITE BREAD FLOUR**



**CAKE FLOUR**



**BROWN BREAD FLOUR**



**WHOLE MEAL FLOUR**



**PURE RYE FLOUR**



**CRUSHED RYE**



**SPELT FLOUR**



**DIGESTIVE BRAN  
WHEAT (WHOLE BERRY)  
CRUSHED WHEAT**

# White Bread Flour

*An unbleached flour for all yeasted baked goods – breads, rusks and more.*



<b>Product Name</b>	<b>Eureka Mills White Bread Flour (WBF)</b>
Bag net weight	Number of units per bale
12.5 kg	1
2.5kg	4
1 kg	10
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## CHARACTERISTICS

	Target	Min. Tolerance	Max. Tolerance
Weight (kg)	12.5	12.45	12.6
	2.5	2.45	2.6
	1	0.95	1.05
Texture	Fine Powder		
Colour	Cream/white		
Humidity %	11.7		15.5
Ash content %	1.47		
Absorption %	61.6		
BF Wet Gluten %	30.2		Reg 856/200 et 23/2005
BF Dry Gluten %	10.5		
Development time		6.3	
Stability		6.7	

## NUTRITION

	PER 100 g SERVING
Protein (g)	11.4
Energy (kJ)	1360
Total Fat (g)	1.3
Of which Saturated Fat (g)	6.2
Dietary Fibre (g)	4.2
Total Carbohydrate (g)	70
Of which total Sugar (g)	0.2
Total Sodium (mg)	2

## AVAILABLE IN

12.5 kg

2.5 kg

1 kg

## ALLERGENS

Gluten, Wheat  
(Allergens as defined by  
Directive 2003/89/CE)



# Cake Flour



*Cake flour is lighter in colour and finer in texture than white bread flour. Our cake flour bakes a tender, moist cake with high rise and medium-fine crumb.*

Product Name	Eureka Mills Cake Flour (CF)
Bag net weight	Number of units per bale
12.5 kg	1
2.5kg	4
1 kg	10
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## CHARACTERISTICS

	Target	Min. Tolerance	Max. Tolerance
Weight (kg)	12.5	12.45	12.6
	2.5	2.45	2.6
	1	0.95	1.05
Texture	Fine Powder		
Colour	Cream /white		
Humidity %	11.7		15.5
Ash content %	0.74		
Absorption %	10.83		
BF Wet Gluten %	28.5		Reg 856/200 et 23/2005
BF Dry Gluten %	10.1		
Development time		6.3	
Stability		6.7	

## NUTRITION

	PER 100 g SERVING
Protein (g)	10.83
Energy (kJ)	1364
Total Fat (g)	1.2
Of which Saturated Fat (g)	6.2
Dietary Fibre (g)	3.4
Total Carbohydrate (g)	70
Of which total Sugar (g)	6.2
Total Sodium (mg)	2

## AVAILABLE IN

12.5 kg

2.5 kg

1 kg

## ALLERGENS

Gluten, Wheat  
(Allergens as defined by  
Directive 2003/89/CE)

# Brown Bread Flour



*Brown bread flour is bread flour with a percentage brand added.*

Product Name	Eureka Mills Brown Bread Flour (BBF)
Bag net weight	Number of units per bale
12.5 kg	1
2.5kg	4
1 kg	10
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## CHARACTERISTICS

	Target	Min. Tolerance	Max. Tolerance
Weight (kg)	12.5	12.45	12.6
	2.5	2.45	2.6
	1	0.95	1.05
Texture	Rustic Powder		
Colour	Cream with brown specs		
Humidity %	11.7		15.5
Bran content %	8.2	7.98	
Ash content %	1.47		
Absorption %	61.6		
BF Wet Gluten %	30.2		Reg 856/200 et 23/2005
BF Dry Gluten %	10.5		
Development time		6.3	
Stability		6.7	

## NUTRITION

	PER 100 g SERVING
Protein (g)	11.4
Energy (kJ)	1360
Total Fat (g)	1.3
Of which Saturated Fat (g)	0.2
Dietary Fibre (g)	4.2
Total Carbohydrate (g)	70
Of which total Sugar (g)	6.2
Total Sodium (mg)	2

## AVAILABLE IN

12.5 kg

2.5 kg

1 kg

## ALLERGENS

Gluten, Wheat  
(Allergens as defined by  
Directive 2003/89/CE)

# Whole Meal Flour

*Our whole meal flour is nutritious and flavourful; it includes bran as well as the wheat germ.*



Product Name	Eureka Mills Whole Meal Flour (WMF)
Bag net weight	Number of units per bale
12.5 kg	1
2.5kg	4
1 kg	10
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## CHARACTERISTICS

	Target	Min. Tolerance	Max. Tolerance
Weight (kg)	12.5	12.48	12.55
	2.5	2.45	2.6
	1	0.95	1.05
Texture	Rustic Powder		
Colour	Cream		
Humidity %	11.6		15.5
Ash content %	1.47		
Absorption %	63.4		
BF Wet Gluten %	22.6		Reg 856/200 et 23/2005
BF Dry Gluten %	7.5		
Development time		6.3	
Stability		8	

## NUTRITION

	PER 100 g SERVING
Protein (g)	11.28
Energy (kJ)	1327
Total Fat (g)	1.3
Of which Saturated Fat (g)	0.2
Dietary Fibre (g)	5.7
Total Carbohydrate (g)	68.1
Of which total Sugar (g)	6.2
Total Sodium (mg)	3.87

## AVAILABLE IN

12.5 kg

2.5 kg

1 kg

## ALLERGENS

Gluten, Wheat  
(Allergens as defined by  
Directive 2003/89/CE)

# Pure Rye Flour



*Our rye flour is 100% pure and not blended with wheat flour. It is also lower in gluten than wheat flour which eases digestion.*

Product Name	Eureka Mills Pure Rye Flour (PR)
Bag net weight	Number of units per bale
12.5 kg	1
2.5kg	4
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## CHARACTERISTICS

	Target	Min. Tolerance	Max. Tolerance
Weight (kg)	12.5	12.45	12.6
	2.5	2.45	2.6
Texture	Rustic Powder		
Colour	Cream		
Humidity %	11.5		15.5
Bran content %	8.2	7.98	
Ash content %	0.99		
Absorption %	61.6		
BF Wet Gluten %	30.2		Reg 856/200 et 23/2005
BF Dry Gluten %	10.5		
Development time		6.3	
Stability		6.7	

## NUTRITION

PER 100 g  
SERVING

Protein (g)	9.5
Energy (kJ)	1327
Total Fat (g)	1.3
Of which Saturated Fat (g)	0.2
Dietary Fibre (g)	5.7
Total Carbohydrate (g)	68.1
Of which total Sugar (g)	6.2
Total Sodium (mg)	2

## AVAILABLE IN

12.5 kg

2.5 kg

## ALLERGENS

Gluten, Rye  
(Allergens as defined by  
Directive 2003/89/CE)

# Crushed Rye



*Crushed rye berries for mixing into dough or used as bread topping.*

Product Name	Eureka Mills Crushed Rye (CR)
Bag net weight	Number of units per bale
12.5 kg	1
2.5kg	4
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Rye  
(Allergens as defined by  
Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	11.28
Energy (kJ)	1327
Total Fat (g)	
Of which Saturated Fat (g)	
Dietary Fibre (g)	5.7
Total Carbohydrate (g)	68.1
Of which total Sugar (g)	
Total Sodium (mg)	

## AVAILABLE IN

12.5 kg

2.5 kg



# Spelt Flour



*An ancient grain (dark/whole meal spelt) with a mild and nutty flavour that will not weigh down baked goods.*

Product Name	Eureka Mills Spelt Flour (SF)
Bag net weight	Number of units per bale
12.5 kg	1
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Spelt  
(Allergens as defined by  
Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	11.4
Energy (kJ)	1360
Total Fat (g)	1.3
Of which Saturated Fat (g)	0.2
Dietary Fibre (g)	4.2
Total Carbohydrate (g)	70
Of which total Sugar (g)	6.2
Total Sodium (mg)	2

## AVAILABLE IN

12.5 kg

# Digestive Bran



<b>Product Name</b>	<b>Digestive Bran</b>
Bag net weight	Number of units per bale
6 kg	1
BBD (Days)	120
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## CHARACTERISTICS

	Target	Min. Tolerance	Max. Tolerance
Weight (kg)	6	5.9	6.1
Texture	Flakes		
Colour	Brown		
Humidity %	11.4		15.5
Bran content %			
Ash content %	0.69		
Absorption %	60		61.1
BF Wet Gluten %			Reg 856/200 et 23/2005
BF Dry Gluten %			
Development time			
Stability			

## NUTRITION

PER 100 g  
SERVING

Protein (g)	12.75
Energy (kJ)	1122
Total Fat (g)	4.2
Of which Saturated Fat (g)	
Dietary Fibre (g)	40
Total Carbohydrate (g)	24
Of which total Sugar (g)	
Total Sodium (mg)	9

## ALLERGENS

Gluten, Wheat  
(Allergens as defined by  
Directive 2003/89/CE)

## AVAILABLE IN

6 kg

# Wheat (whole kernel)

AVAILABLE IN

12.5 kg



Product Name	Eureka Mills Wheat (Berries)
Bag net weight	Number of units per bale
12.5 kg	1
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Allergens as defined by Directive 2003/89/CE:  
Gluten, Wheat

# Crushed Wheat

AVAILABLE IN

12.5 kg

Product Name	Eureka Mills Crushed
Bag net weight	Number of units per bale
12.5 kg	1
BBD (Days)	120
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## NUTRITION

PER 100 g  
SERVING

Protein (g)	11.3
Energy (kJ)	531
Total Fat (g)	1.3
Of which Saturated Fat (g)	
Dietary Fibre (g)	14.5
Total Carbohydrate (g)	65
Of which total Sugar (g)	0.2
Total Sodium (mg)	<5

## ALLERGENS

Gluten, Wheat  
(Allergens as defined by  
Directive 2003/89/CE)



**Eureka Mills**

**VETKOEK**



**ROOSTERKOEK**



**POTBROOD**



**PIZZA BASE**



**BEER BREAD**



**BUTTERMILK RUSKS**



**BRAN RUSKS**



**EASY HOME MIX RANGE**



# Vetkoek Easy Home Mix



*A convenience product which is easy to use and gives the home baker perfect, homemade vetkoek.*

Product Name	Eureka Mills Vetkoek Easy Home Mix
Bag net weight	Number of units per bale
1 kg	10
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Soya  
(Allergens as defined by  
Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	11.2
Energy (kJ)	1453
Total Fat (g)	3.4
Of which Saturated Fat (g)	6.3
Dietary Fibre (g)	4.2
Total Carbohydrate (g)	69.3
Of which total Sugar (g)	0.3
Total Sodium (mg)	479

## AVAILABLE IN

1 kg

# Roosterkoek Easy Home Mix



*A convenience product which is easy to use and gives home baker perfect, homemade Roosterkoek.*

Product Name	Eureka Mills Roosterkoek Easy Home Mix
Bag net weight	Number of units per bale
1 kg	10
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Soya  
(Allergens as defined by  
Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	11.2
Energy (kJ)	1453
Total Fat (g)	3.4
Of which Saturated Fat (g)	6.3
Dietary Fibre (g)	4.2
Total Carbohydrate (g)	69.3
Of which total Sugar (g)	0.3
Total Sodium (mg)	479

## AVAILABLE IN

1 kg

# Potbrood Easy Home Mix



*A convenience product which is easy to use and gives home baker perfect, homemade Potbrood.*

Product Name	Eureka Mills Potbrood Easy Home Mix
Bag net weight	Number of units per bale
1 kg	10
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Soya  
(Allergens as defined by Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	11.2
Energy (kJ)	1453
Total Fat (g)	3.4
Of which Saturated Fat (g)	6.3
Dietary Fibre (g)	4.2
Total Carbohydrate (g)	69.3
Of which total Sugar (g)	0.3
Total Sodium (mg)	479

## AVAILABLE IN

1 kg

# Pizza Base Easy Home Mix



*A convenient way to make simple delicious pizzas at home.*

Product Name	Eureka Mills Pizza Base Easy Home Mix
Bag net weight	Number of units per bale
1 kg	10
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Soya  
(Allergens as defined by Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	11.2
Energy (kJ)	1453
Total Fat (g)	3.4
Of which Saturated Fat (g)	6.3
Dietary Fibre (g)	4.2
Total Carbohydrate (g)	69.3
Of which total Sugar (g)	0.3
Total Sodium (mg)	479

## AVAILABLE IN

1 kg



# Buttermilk Rusks Easy Home Mix



*The easiest way to make morish homemade rusks.*

Product Name	Eureka Mills buttermilk Rusks Easy Home Mix
Bag net weight	Number of units per bale
1 kg	10
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Soya,  
Milk Solids  
(Allergens as defined by  
Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	10.84
Energy (kJ)	1487
Total Fat (g)	1.37
Of which Saturated Fat (g)	6..41
Dietary Fibre (g)	3.31
Total Carbohydrate (g)	72.08
Of which total Sugar (g)	29.84
Total Sodium (mg)	615.75

**AVAILABLE IN**

**1 kg**

# Beer Bread Easy Home Mix



*A convenience product which is easy to use and gives the consumer, baker or non-baker, perfect, homemade Buttermilk Rusks.*

Product Name	Eureka Mills Beer Bread Easy Home Mix
Bag net weight	Number of units per bale
1 kg	1 kg x 10
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Soya  
(Allergens as defined by  
Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	10.84
Energy (kJ)	1487
Total Fat (g)	1.37
Of which Saturated Fat (g)	6.41
Dietary Fibre (g)	3.31
Total Carbohydrate (g)	72.08
Of which total Sugar (g)	29.84
Total Sodium (mg)	615.75

## AVAILABLE IN

1 kg

# Bran Rusks Easy Home Mix



*The easiest way to make morish homemade rusks.*

Product Name	Eureka Mills Roosterkoek Easy Home Mix
Bag net weight	Number of units per bale
1 kg	10
BBD (Days)	180
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Soya,  
Milk Solids  
(Allergens as defined by  
Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	1.73
Energy (kj)	1397
Total Fat (g)	2.18
Of which Saturated Fat (g)	6.73
Dietary Fibre (g)	10.77
Total Carbohydrate (g)	59.61
Of which total Sugar (g)	6.65
Total Sodium (mg)	53.88

## AVAILABLE IN

1 kg



**Eureka Mills**

**BUTTERMILK RUSKS**



**MUESLI RUSKS**



**BRAN RUSKS**



**RYE RUSKS**



**RUSKS RANGE**



# Buttermilk Rusks



*Hand-cut rusks made with real butter; packaged in a clear bag for optimal display. The Buttermilk variant's rich and creamy taste appeals to a wide audience.*

Product Name	Eureka Mills 500 g Buttermilk Rusks
Bag net weight	Number of units per bale
500 g	500 g x 8
BBD (Days)	244
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Eggs,  
Cow's Milk  
(Allergens as defined by  
Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	8.8
Energy (kJ)	1912
Total Fat (g)	15
Of which Saturated Fat (g)	5.9
Dietary Fibre (g)	3.3
Total Carbohydrate (g)	69.4
Of which total Sugar (g)	23.2
Total Sodium (mg)	534

## AVAILABLE IN

500 g

# Muesli Rusks

*Hand-cut rusks made with real butter; packaged in a clear bag for optimal display. The Muesli variant contains nuts and raisins and the most popular of the rusk range.*



Product Name	Eureka Mills 500 g Muesli Rusks
Bag net weight	Number of units per bale
500 g	500 g x 8
BBD (Days)	244
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## NUTRITION

	PER 100 g SERVING
Protein (g)	10.2
Energy (kj)	1921
Total Fat (g)	17
Of which Saturated Fat (g)	5.6
Dietary Fibre (g)	4.6
Total Carbohydrate (g)	63.6
Of which total Sugar (g)	22.6
Total Sodium (mg)	338

## ALLERGENS

Gluten, Wheat, Eggs,  
Cow's Milk and Tree Nuts  
(Allergens as defined by  
Directive 2003/89/CE)

## AVAILABLE IN

500 g

# Bran Rusks



*Hand-cut rusks made with real butter; packaged in a clear bag for optimal display. The Bran variant is high in fibre.*

Product Name	Eureka Mills 500 g Bran Rusks
Bag net weight	Number of units per bale
500 g	500 g x 8
BBD (Days)	244
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Eggs,  
Cow's Milk  
(Allergens as defined by  
Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	10.2
Energy (kj)	1899
Total Fat (g)	17.4
Of which Saturated Fat (g)	6
Dietary Fibre (g)	9.7
Total Carbohydrate (g)	58.9
Of which total Sugar (g)	20.8
Total Sodium (mg)	321

## AVAILABLE IN

500 g

# Rye Rusks



*Hand-cut rusks made with real butter; packaged in a clear bag for optimal display. The Rye variant is made with pure rye flour and is a favourite with health enthusiasts.*

Product Name	Eureka Mills 500 g Rye Rusks
Bag net weight	Number of units per bale
500 g	500 g x 8
BBD (Days)	244
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## NUTRITION

	PER 100 g SERVING
Protein (g)	6.5
Energy (kj)	1978
Total Fat (g)	20.6
Of which Saturated Fat (g)	2.8
Dietary Fibre (g)	6
Total Carbohydrate (g)	62.1
Of which total Sugar (g)	17.4
Total Sodium (mg)	798

## ALLERGENS

Rye, Eggs, Cow's Milk  
(Allergens as defined by  
Directive 2003/89/CE)

## AVAILABLE IN

500 g



**Eureka Mills**

**CHOC CHIP COOKIES**



**GINGER COOKIES**



**COCONUT COOKIES**



**COOKIE RANGE**

# Choc Chip Cookies



*Handmade, small batch choc chip cookies stacked in clear packaging. A sweet treat made with milo and a generous sprinkle of chocolate chips.*

Product Name	Eureka Mills 300 g Choc Chip Cookies
Bag net weight	Number of units per bale
300 g	300 g x 15
BBD (Days)	122
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Soya, Eggs, Cow's Milk, Barley  
(Allergens as defined by Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	6.03
Energy Value (kJ)	2054.8
Fat (g)	20.31
Of which Sugar (g)	42.84
Total Dietary Fibre (g)	2.67
Total Carbohydrate (g)	69.38
Total Sodium (mg)	399.47

**AVAILABLE IN**

**300 g**



# Ginger Cookies



*Handmade, small batch ginger cookies stacked in clear packaging. A rich cookie with a subtle ginger flavour which appeals to a wide audience.*

Product Name	Eureka Mills 300 g Ginger Cookies
Bag net weight	Number of units per bale
300 g	300 g x 15
BBD (Days)	122
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Eggs,  
Cow's Milk and Milk solids  
(Allergens as defined by  
Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	5.78
Energy Value (kJ)	2001.76
Fat (g)	16.75
Of which Sugar (g)	47.61
Total Dietary Fibre (g)	2.56
Total Carbohydrate (g)	74.31
Total Sodium (mg)	798.82

## AVAILABLE IN

300 g

# Coconut Cookies



*Handmade, small batch coconut cookies stacked in clear packaging. A sweet cookie with deep, creamy flavour which is simply irresistible.*

Product Name	Eureka Mills 300 g Coconut Cookies
Bag net weight	Number of units per bale
300 g	300 g x 15
BBD (Days)	122
Storage temperature after opening	Ambient in a airtight container
Origin	South Africa, Western Cape, Heidelberg

## ALLERGENS

Gluten, Wheat, Eggs,  
Milk solids  
(Allergens as defined by  
Directive 2003/89/CE)

## NUTRITION

	PER 100 g SERVING
Protein (g)	6.2
Energy Value (kJ)	1748.44
Fat (g)	25.59
Of which Sugar (g)	16.38
Total Dietary Fibre (g)	2.77
Total Carbohydrate (g)	39.65
Total Sodium (mg)	306.61

## AVAILABLE IN

300 g

# PALLET LOADING INFORMATION

**FLOUR**

**FLOUR**

**FLOUR**

**BRAN**

**EASY HOME MIX**

**RUSKS**

**COOKIES**

<b>Bag net weight</b>	<b>12.5 kg</b>	<b>2.5 kg</b>	<b>1 kg</b>	<b>6 kg</b>	<b>1 kg</b>	<b>0.500 kg</b>	<b>0.300 kg</b>
No. of units per bale	1	4	10	1	10 x 1 kg	8 x 500 g	15 x 300g
Bales per pallet	80	80	80	80	80	52	52
Packs per layer	10	10	10	10	10	72	135
Layers per pallet	8	8	8	8	8	5 x 9 + 7	5x9 +7
Units per pallet	80	80	80	80	80	416	780
Pallet type	Wooden	Wooden	Wooden	Wooden	Wooden	Wooden	Wooden
Bag gross weight	12.507 kg	2.502 kg	1.02 kg	6.02 kg	1.02 kg	0.510 kg	0.310 kg
Pallet net weight	1000 kg	800 kg	800 kg	480 kg	800 kg	212.16 kg	241.80 kg
Pallet gross weight	1016.96 kg	1016.96 kg	1016.96 kg	486.96 kg	1016.96 kg	429.12 kg	458.76 kg
Pallet height	1.250 m	1.250 m	1.250 m	1.250 m	1.250m	1.25 m	1.25 m



**Eureka Mills**

*Stoneground flour*